

Discussion Questions

1. How are you expected to “Act Like a Man”...
 - a. At home?
 - b. At work?
 - c. In your sex life?
 - d. With your friends?
2. Where did you learn how to “Act like a Man”
 - a. When you were young, what were some things your father or older male role models told you about what it means to be a man?
3. Where did you learn about sex?
 - a. What role did pornography play?
 - b. What did you learn from your male peers?
 - c. How does that learning impact your sexuality today?
4. What is *toxic masculinity*?
 - a. How is it harmful to women, gay men, and others?
 - b. How is it harmful to men and boys?
5. Who in your social circles do you go to for support?
 - a. Would you like to have more social support in your life?
 - b. How satisfied you are with your current level of social support?
 - c. How could you find more social support?
6. In what ways are you supportive of other people?
 - a. Are you satisfied with how supportive you are of other people?
 - b. How could you be more supportive of others?
7. What relationships are important to you?
 - a. Which aspects of your relationships are you satisfied with?
 - b. What aspects of your relationships would you like to change?
8. What can you do to end commercial sexual exploitation and gender-based violence?
 - a. Individually?
 - b. In your relationships?
 - c. In your communities?
 - d. In our society?